

Nishiko English Chat

Contents

Letter from ALT

- Page 1

New Years Encouragement

- Page 2

Kindness Calendar

- Page 3

Current Events

- Page 4

Happy New Year!
あけおめ ことよろ!

Happy January! I hope that your
new year is happy so far.

I have a question for you. Do you
have New Year's resolutions for
2021? A New Year's resolution in
Japanese is: 新年の抱負

This year, my resolutions are to
study more Italian and Japanese.
I also want to work hard to be a
better teacher.

What are your New Year's
Resolutions? What do you want to
learn this year? Where do you
want to go? What do you want to
do better?

I'm excited for this year. Let's try
our best together!

-- Julia

This year...

We will do impossible things!

WORK HARD!

LOVE YOURSELF!

Let's help each other!

you can do anything you can be anything

You are absolutely incredible!

THIS IS YOUR YEAR!!

We have no limits!

TRY YOUR BEST!

DREAM BIG!

You are important!

Let's work together!

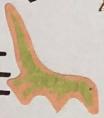
We may be small... but together we are BIG!

There are endless possibilities!

I Love You!



I believe in you!



January Random Acts of Kindness

--- acts completed

2	3	4	5	6
7	8	9	10	11
12	13	14	15	16
17	18	19	20	21
22	23	24	25	26
27	28	29	30	31

Leave a happy note

Do a sibling's chores

Make someone coffee/tea

HELP AN ELDERLY PERSON

Buy coffee for someone

CHEER UP SOMEONE

HELP SOMEONE

Read about kindness

Take cookies to a friend

leave money on a vending machine

Volunteer

Bake someone a pie

Celebrate Give a Compliment Day

Say thank you to someone

List what you're thankful for

Help a friend

Walk a neighbor's dog

MAKE SOMEONE LAUGH

Help someone in need

Draw someone a picture

Current Events

January 18th was Martin Luther King Jr. Day. It is a day to celebrate Martin Luther King Jr, the man who gave the "I Have A Dream speech." He is famous for fighting against slavery and racism in the U.S.

Julia's January Recommendations:

Tiktok accounts to follow:

@rona_roll
@anjchandesuyo
@maydaysan



Top Music in the U.S.

Song Title	Artist
drivers license	Olivia Rodrigo
Hit Different	SZA
cheers	blackbear
WITHOUT YOU	The Kid LAROI
Levitating	Dua Lipa ft. DaBaby
Buss It	Erica Banks
Plastic	Unghetto Mathieu
I Am	Yung Baby Tate ft. Flo Milli
Dancing in My Room	347aidan
oops!	Yung Gravy

American slang:

Shook (シュック) (びっくり)
(adjective, 形容詞) –
to be surprised/shocked

"I am shook. I can't believe it."

Extra (エクストラ)
(adjective, 形容詞) –
Over the top, excessive,
dramatic behavior

"Why are you always
screaming? You are so extra."

"He spent 5,000 yen on gloves.
He is so extra, I am shook."